

LEP PRESS

LEP News | World News | Sports

A Strong Start to the Flag Season

By Emily Cooke

This year, due to regulations and safety protocols, the Girls' Flag Football league has had to transition from 12 on 12 to 7 on 7. This means that there is no line and no blocking, limiting each side of the field to just 7 players at once. The game has been drastically changed by this, with some benefits and also some challenges for both defence and offence, but the LEP flag team is using the new rules to their advantage. With fewer defenders to worry about, the quarterback Raquel LeBeau has had less trouble finding openings to throw to for large gains and five touchdowns across the first three games. The team won their first game against College Notre-Dame 7-0, and then beat Lasalle the following week 15-6. A big hurdle for the team was in facing Confederation, the team they lost semi-finals to in last year's season. On Thursday, October 4 the team scored two touchdowns and the defence did a great job holding Confederation back to lead the team to a 14-9 victory over the team. The girls look forward to taking on the second half of the season sitting in first place with high hopes for playoffs.



Photo supplied



Photo supplied

LEP Celebrates Making an Impact

By Ella Cocco

WE Day is the annual celebration of young students in the Me to We schools program who are committed to making a positive impact on the world. Students can't buy tickets to WE Day, they have to earn it by taking on one local and one global initiative. Astonishingly, the Me to We club at LEP took on multiple global and local initiatives last year winning multiple tickets to WE Day 2018 in Toronto. One of the many local causes completed last year consisted of organizing a 'We Scare Hunger' campaign, in which Lo-Ellen Park brought in more than 1700 lbs worth of canned goods as well as \$465. LEP's Me to We club also organized a Kiva loan for entrepreneurs in developing countries to kick-start their businesses, which counted as one of their many global initiatives.

LEP's amazing benevolence rewarded them with Blue Carpet Tickets as well, allowing them to greet the stars performing at the celebration as they entered the stadium. This year's stars included the youtubers Lilly Singh and LaurDIY as well as the actors Adam Devine from Pitch Perfect, Olivia

Senior Girls' Basketball

By Jayde Hurley

After two consecutive bronze medal OFSAA finishes, coach J. Bourget has decided to have Lo-Ellen Park Senior Girls' Basketball join the OSAB (a Prep Basketball league). This is an elite level basketball league with the top basketball teams from Southern Ontario. The goal of this league is to prepare talented basketball players for post-secondary academics and athletics as well as to raise the level of basketball played in Ontario. The girls roster is almost identical to last years', with all players returning, but with the addition of Kyanna Thompson and Aneisha Rismond.

The Earth(ing) Crisis

By Tyler Smith

Present day Earth has been shaped by billions of years of collisions, transformations and evolution, but today it faces threats that are a product of this shaping. These threats come from us.



Photo by firstcry.com

There are many global crises that threaten our species, and all the rest of the life forms we share this small lump of rock with. Global warming, the drinking water crisis and world hunger all have one thing in common: they are all caused by humans. We need to solve these problems for there to be any future to look forward to, as the point of no return looms ever closer. Let's imagine for a moment we do nothing about the issues pressing us toward extinction. In the next 50 to 100 years the temperature is expected to rise 3, 4, or even 5 degrees; an increase in sea levels will submerge many coastal cities. In simpler words, our current state provides us with no future, no more sunsets and no more blue skies.

Making a difference is possible and even small changes around the school or your home are a great start! If you're looking to make a bigger difference, feel free to stop by room 242 every Tuesday at lunch for the Environmental Council meeting. Let's protect our only home!

Holt, Nick Robinson, Jacob Tremblay and Miss Piggy herself. The singers Jack and Jack, Johnny Orlando, The Arkells, Why Don't We, and even the yodelling boy, Mason Ramsey, performed at We Day. A student attending WE Day shared "The whole celebration was so inspirational! Seeing the different stars was super cool but it was what they had to say that really inspired me to make a difference. One comedian, Adam Devine, got hit by a cement truck at a young age and was told he'd never walk again, but he proved the doctors wrong and regained the ability to walk demonstrating to the 2000 students in the stands to never give up." Another student, Jylan Ehab, also expressed her inspirational experience at WE Day, saying, "It was so empowering. I know now that it only takes one person to make a difference, no matter how big." With WE Day fresh on students' minds, LEP's Me to We club is set and ready for another successful year helping others.

The Fall Sports Pep Rally

By Amanda Symington



Photo by Mr. Bursey

On Tuesday, September 14, we had our first pep rally of the year, which was definitely worth missing class for! With mini games for students, sports teams who battled against each other, and dances from both the Life Skills students and the teachers, the pep rally sure had some pep! Once everyone was seated, the sports teams came running in to a round of applause. This was followed by the Life Skills class, as they performed a dance that they had prepared. Dancing along to "Feel it still" by Portugal The Man, they really showed off their best moves! This was succeeded by games between the different teams. One of these games included the Junior Girls' Basketball team against the Midget Girls' Basketball team, as they passed a hula hoop through their linked arms, going over and under the players. The team to finish first was the Junior Girls as the hula hoop reached the end just before that of the Midget Girls.

Another competition was between two of the biggest teams at Lo-Ellen

Clubs and Councils At LEP

By Jin Armstrong

Student Council:

The student council helps to organize school events throughout the year such as school dances, fundraisers, and student activities. While it is now too late to join, there is always next year! You will see the council around school all year helping the student body.

Athletic Association:

Are you interested in helping LEP with athletic events, scorekeeping and more? Join the Athletic Association! Talk to Mrs. Green if you are interested.

Smash Club:

Do you need a fun way to relieve stress? Join the Smash Club and compete against other players, and try to become the ultimate smasher!

Environmental Council:

Do you want to help our environment with planting trees, starting green initiatives at LEP, and encouraging others to be good to the environment? Then the Environmental Council is perfect for you! See Ms. Peloso for details.

GSA:

Do you want to help raise awareness of the LGBTQ+ community at Lo-Ellen Park? Then join the Gender Sexuality Alliance!

Me to We:

Do you want to help other communities in need of aid? Join Me to We and help raise money for places in need of help! They meet every Thursday in the art room - talk to Ms. Catto to join.

Robotics:

Are you interested in competing against other schools by designing and battling robots? Then join the Robotics team!

Improv:

The improv team competes against other high schools in improvisation competitions frequently. While tryouts have already passed, you can always keep an eye out for next year and support the improv team in their competitions this year!

Reach for the Top:

Do you want to test your knowledge by competing against others? Join Reach for the Top and try to help Lo-Ellen Park be the top team!

Park: the Varsity Boys' Football team and the Cross Country Running team. In the game, each team volunteered one of their members to be taped down to a chair by the other team, and whoever escaped their chair first won. The Cross Country Running team won in the end by a small margin. To everyone's delight, candy was being thrown into the crowd and people were jumping to try and get a piece. I'm sure we were all surprised when the teachers got up on stage, dressed like zombies and started to dance. Almost all the teachers, elementary included, were dancing away to "Thriller" by Michael Jackson. Wearing all black, fake blood and dreary makeup, they made up the grand finale that had everyone laughing and anticipating the next pep rally.

A Grade 9's View

By Cecilia Anderson

As we start the new school year, we see many new faces here at Lo-Ellen Park, and there sure are a lot of them. This year's grade 9 enrolment was a big one, and with that brought new teachers and new opportunities to the school. Our grade 9's have had a few weeks to think about things and I decided to ask about their thoughts and feelings so far towards Lo-Ellen Park. I randomly chose five grade 9 students and asked them six questions that varied depending on if they were in Pre-IB or not. Here is what they had to say about their new school so far this year.

1. How is your experience at Lo-Ellen Park so far?

Most of the students I interviewed have really been enjoying starting fresh and the new experiences at LEP, one of the main reasons being the people here; they all mentioned how kind everyone is, and not only the students but the teachers as well.

2. Are you liking your classes and teachers?

All of the students shared that their classes are all very nice and their teachers even nicer. This is a very good thing to hear especially with all the new teachers this year.

3. What's the main reason why you chose Lo-Ellen Park? Why did or didn't you choose IB/IB French Immersion?

The answers to this question surprised me a little, because when I heard from the people not in IB their answers weren't what I was expecting. They told me they chose not to do IB simply because they thought it would be too much homework or too much work and that they weren't smart enough, but comparing my workload (I'm in IB) to my friend's (who isn't in IB) I find there isn't *as* big a difference as I thought there would be. Some things might be more advanced, but the homework and workload is similar for right now, and while the IB is an advanced curriculum, I did not think that my peers would feel they weren't smart enough for a program at our age.

Clubs and Councils at LEP (cont.)

Poetry Club:

Are you interested in writing poetry and working on your poetry skills? Join the Poetry Club!

Wellness Club:

Do you want to make LEP a place for everyone to be content and comfortable? Join the Wellness Club and help to improve your school!

LEP Press:

Are you interested in improving your writing and reporting skills? Want to know everything that is happening in the world and at LEP? Join the LEP Press! Meetings are every Monday in room 337 and new members are always welcome.

Horoscopes

By Ella Cocco

Aries (Mar 21 - April 19)

October will start off with a Venus retrograde which will fire things up in your sign. Take this time to strengthen your unions and move your connections to a deep and permanent place.

Taurus (April 20 - May 20)

Being a methodical earth sign this month provides the perfect conditions for a simple and streamlined routine in which your sign functions best in. It also allows growth of a new habit with the Libra new moon.

Gemini (May 21 - June 20)

This month the sun will warm the expressive zone of your sign allowing for creativity and passion, though be weary of drama and keep your wits.

Cancer (June 21 - July 22)

Pondering the past? It's okay, that's to be expected this month as the sun sits in Libra your sentimental house which always puts your sign in a nostalgic state.

Leo (July 23 - Aug 22)

With the sun in Libra, your communicative house, this month will be lively and social for you. Open your agenda and write some coffee dates down.

4. Are you planning on playing any sports or joining any clubs this year?

I was also pretty surprised with the answers to this question because most people I know are intimidated by older kids. However, it ended up being that every person interviewed wanted to try out for or join a school sport. I thought that was pretty cool, because it means that the grade 9's are getting involved in the school community right away.

5. Are you finding anything more difficult or different then when you were at elementary school?

The most commonly shared response to this question was definitely that there was more homework and more responsibilities. When you come into high school it comes with a lot of freedom, but also many responsibilities, and I think the grade 9's can definitely see that in their current workload.

6. What's something you would say to a grade 7 or 8 thinking about coming to Lo- Ellen Park?

This final question was my favourite to ask, because I remember that when I was deciding which high school to go to I was asking so many of my older friends at all of the different schools looking for some advice. Asking even just these five people for some advice I found was neat, especially since I could see how they're liking it and what their thoughts were after only a few weeks. Most of the students said that as long as you have friends or know people at this school you'll have a good time, because the school is great, the people are nice, and the teachers are fantastic. All of these things help to create an awesome school, which is exactly what we have here at Lo- Ellen Park. The grade 9's would definitely recommend it here and they're excited to see what this year, and the next three years, will bring.

Hurricane Florence - September 2018

By Lauren Thomas

While we were enjoying the last days of summer vacation followed by the first few days of school, communities in Cape Verde, Bermuda, West Africa, Atlantic Canada, and the Eastern United States were experiencing a powerful twenty-day tropical cyclone.

Beginning as only a tropical wave on August 31, Hurricane Florence became an intense Category 4 Major Hurricane on the Saffir-Simpson scale (SSHWS) with peak winds of 225 km/h and a span of 563 kilometres by September 10. It reached North and South Carolina on the 14th of September, and by this time it was a Category 1 hurricane. It downgraded to a tropical storm shortly after, and by the 16th, it diminished to winds of 35 mph.

Since the time that the hurricane warning was issued, more than 1.5 million people living in the states of North and South Carolina had been

Horoscopes (cont.)

Virgo (Aug 23 - Sep 22)

With Venus in retrograde from October 5th, relationships for your sign will be tested and some may splinter or strengthen. This retrograde planet will also sweep your gaze to the past perhaps to some unaddressed relationship issues.

Libra (Sep 23 - Oct 22)

It's your signs birthday season! The sun is making its annual voyage through your sign, inviting you make decisions based on your own needs. Use this time to propel your goals forward and spring for success.

Scorpio (Oct 23 - Nov 21)

The sun will take a journey through your house of rest this month so feel encouraged to take some time away from the show and replenish your mental health.

Sagittarius (Nov 22- Dec 21)

The sun sits in your house of group activity this month, encouraging you to gather with your friends and enjoy some social time.

Capricorn (Dec 22- Jan 19)

With Venus in retrograde, your sign should beware of discontent through closest ties. Perhaps take a break from social media since Venus rests in your signs technological zone.

Aquarius (Jan 20 - Feb 18)

It is Libra season, which is good news for your sign. Take risks and travel. Spread your wings and fly. This month is full of possibilities.

Pisces (Feb 19 - March 20)

With the sun in your private eighth house, take some time this month to reflect on yourself and create goals for self improvement.

Horoscopes found at: <http://astrostyle.com/monthly-horoscopes/>

Quote of the Month

Jayde Hurley

"We must accept finite disappointment, but we must never lose finite hope,"
- Martin Luther King Jr.

ordered to evacuate their areas and at least 53 deaths have been attributed to the storm.

To assist with damages caused by extreme flooding and wind destruction, NBA star Michael Jordan, who played high school basketball in Wilmington, North Carolina donated \$2 million to assist residents of North and South Carolina. Damages and reconstruction on the U.S. East Coast are estimated to be at more than \$38 billion.

Despite immediate reconstruction, there are still at least 10, 000 people leaving in relief shelters in North and South Carolina, and more than a million people still without power.

We are hoping that relief centres will help provide enough support and that the destruction of the hurricane will soon be resolved. For more information on how to assist the victims of this natural disaster, contact the Red Cross Association or CBC news.

Photo by anonews.co



Pink Shirt Day 2018

By Eli Paibomsai

Pink Shirt Day has been around for quite some time now, with its 10th anniversary being last year; but how did it all start? Pink Shirt Day is also referred to as Anti-Bullying Day, and it began sometime in 2007, in Berwick, Nova Scotia. A grade 9 boy by the name of Chuck McNeill was bullied for no reason other than wearing a pink shirt on the first day of school. Two students, Travis Price and David Sheppard, noticed this. They, and their friends, organized an event. They bought enough pink tank tops to supply all the boys at the school, and handed the shirts out at the school entrance. Shortly after this act of good will, the Nova Scotia Premier noticed this action. He proposed the second Thursday of September as "Stand Up Against Bullying Day." Later on in 2008, the premier of British Columbia kept the ball rolling and declared February 27th to be a provincial "Anti-Bullying Day." People all over the world were getting in on it, as the day had

Sports Updates

By Jayde Hurley

Cross Country Running - Upcoming Races

Thursday Oct. 10th - Naughton Trails
 Wednesday Oct. 17th - Kivi Park City Finals
 Wednesday Oct. 24th - Kivi Park NOSSA Championships

Cross Country Running - Top Finishers

Midget girls

Avery Sutherland// 1st-Kivi; 1st-Rumble; 1st-Windy
 Alison Symington// 2nd-Kivi; 2nd-Rumble; 2nd-Windy
 Amanda Symington// 3rd-Kivi; 3rd-Windy
 Jill Kusnierczyk// 5th-Kivi; 4th-Windy; 5th-Windy

Aoife Mahaffy// 6th-Kivi; 4th-Windy

Midget boys

Callum Bertrand// 4th-Kivi; 6th-windy
 Gregorie Fleury// 5th-Kivi
 Patric Wiss// 5th-Rumble; 2nd-Windy
 Dax Mazzuchin// 6th-Windy

Junior girls

Kalila Bachiu// 1st Kivi; 1-Rumble
 Chandy Bachiu// 2nd Kivi; 4th-Rumble; 1st-Windy
 Sara Ieropole // 4th Kivi; 6th-Rumble
 Mikayla Oommen// 6th Kivi; 2nd-Windy
 Sydney Brooks// 3rd-Windy

Junior boys

Alex Lambert// 2nd-Kivi; 3rd-Rumble
 Austin Mashinter// 3rd-Kivi; 2nd-Rumble

Senior girls

Jayde Hurley// 1st-Kivi; 1st-Windy
 Natalie Marks de Chabris// 2nd-Kivi; 4th-Rumble; 2nd-Windy
 Fiona Symington// 3rd-Kivi; 4th-Windy
 Dylan Mazzuchin// 4th-Kivi
 Delaney Bourget// 5th-Kivi
 Meredith Kusnierczyk// 7th-Rumble; 3rd-Windy

Senior boys

Nick Lambert// 1st-Kivi; 5th-Windy
 Augustin Marks de Chabris// 2nd-Kivi; 1st-Windy
 Kendyn Mashinter// 4th-Kivi; 4th Rumble
 Connor Jermaine// 5th-Kivi; 4th-Windy
 Jacob Socransky// 6th-Kivi
 Max Mahaffy// 7th-Kivi; 7th-Windy

many different dates and names, but one thing remained. Bullying was not tolerated, and this day was to show it. Later on, in the United Nations sometime in 2012, May 4th was set as Anti-Bullying Day. It was a much needed holiday, as bullying was an overlooked problem. It has been adapted all over the world, with the exception of a few recluse countries. From a small act of kindness, an international event was born, where students wear pink to support anti-bullying. I hope to see you wearing pink this coming February 27.

Guest Speakers for Mental Health

By Evie Tomlin and Amanda Symington

On Tuesday, September 11, all grades 7-9 students, and several grade ten students, attended a presentation given by two musicians: Danny Lamb and Em Jordan. Danny spoke about accessibility, inclusivity, diversity and finding a way to celebrate our differences through music. Keeping with the inspirational theme, Danny then spoke about living while practicing empathy and sharing our stories, and how both of those things contribute to a compassionate community. Changing pace, Danny talked about about social media and its dangers, for example he discussed how it is easy to share everything when we are behind a screen, and how many people take advantage of this, with relative ease, to spread negative messages. Then, Em Jordan took the stage to sing two of her original songs, one of which talks about her struggles living with spina bifida, and the other about her musical journey. Danny Lamb related to this with his struggle with hydrocephalus, and how music helped him to cope with his condition. They finished off with an announcement that they would be making a donation to help destigmatize mental health here at Lo-Ellen Park. What an amazing presentation!

7 Tips For Life - Organization

By Gray Brogden

With the start of the school year, it may seem like everything is just going crazy around you. The start of classes, seeing your friends, sports, and clubs starting up, it can get to the point where it all seems like too much. Well, no need to despair—Seven Tips are in the air. With these nifty organization hacks you're sure to feel a lot more confident and at ease this school year!

1. Homework Station

Create a designated homework station. It should be somewhere away from the television, and not on your bed. Find a nice, quiet spot with a table, whether at home or the library, and make sure you have all you need,

Sports Updates (cont.)

Golf Results

The team was first overall, with the roster including Josh Hayes, Jacob Lacko, Aiden Dang, Oliver Tallifer, and Nik Harry.

Individual golf finishers

Josh Hayes - 1st

Jake Lacko -6th

Aiden Deng -7th

Midget Girls' Basketball

Sept. 25th vs Sacre-Coeur - Won 59-7

Oct. 4th vs Champlain - Won 39-27

Oct. 9th vs Horizon - Lost 15-17

Oct. 15th vs Marymount @ 5:00pm, Lo-Ellen Park

Oct. 17th vs St. Charles @ 5:00pm, Lo-Ellen Park

Oct. 23rd vs Bishop Carter @ 6:00pm, Bishop Carter

Oct. 24th vs Sudbury Secondary @ 5:00pm, Lo-Ellen Park

Nov. 1st vs Champlain @ 5:00pm, Lo-Ellen Park

Junior Girls' Basketball

Sept. 28th vs Lasalle - Won 50-38

Oct. 3rd vs CND - Won 37-28

Oct. 15th vs Lasalle @ 6:30pm, Lo-Ellen Park

Oct. 17th vs Macdonald Cartier @ 5:00pm, Macdonald Cartier

Oct. 29th vs CND @ 6:00pm, Lo-Ellen Park

Senior Girls' Basketball

Oct. 3rd vs Macdonald Cartier - Lost 36-49

Oct. 17th vs Macdonald Cartier @ 6:30pm, Macdonald Cartier

Nov. 1st vs Macdonald Cariter @ 8:00pm, Lo-Ellen Park

Junior Boys' Volleyball

Sept. 20th vs Lasalle - Won 3-2

Oct. 2nd vs Horizon - Lost 0-3

Oct. 9th vs CND - Won 3-0

Oct. 15th vs Lockerby @ 5:00pm, Lockerby

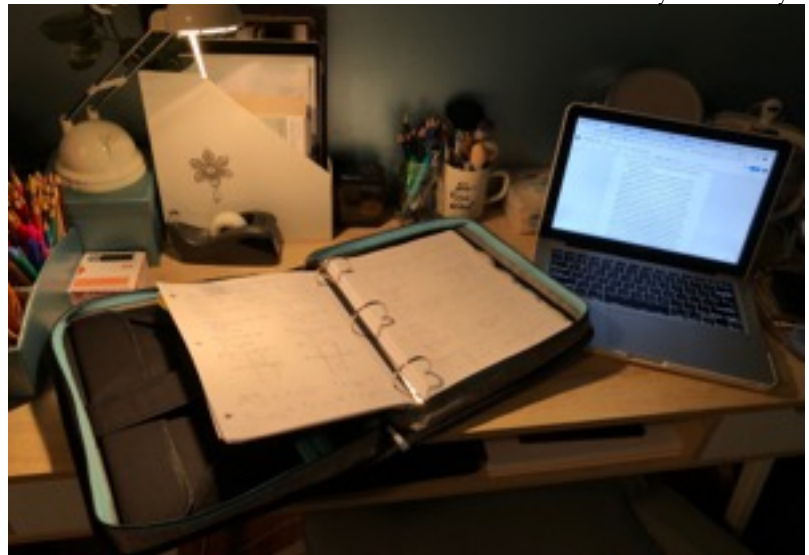
Oct. 23rd vs Macdonald Cartier @ 5:00pm, Macdonald Cartier

Oct. 24th vs St. Charles @ 5:00, St. Charles

Oct. 30th vs St. Ben's @ 5:00pm, Lo-Ellen Park

such as pens, pencils, and a calculator before you begin. This will enable you to focus solely on your homework and get the job done.

Photo by Olivia Taylor



2. Keeping Your Binder Neat

It's important to invest in a good binder for your classes. A two-inch ring binder is ideal for high school students. Ideally, you want 5 dividers in your binder: 1 for each period and an extra for loose leaf and graph paper. Whenever a teacher gives you a handout, commit to placing it in your binder right away, as opposed to just shoving it into your bag. Once the semester is over, empty it out and start again. Not sure what to do with all the old work? Just check out this next tip.

3. Filing Cabinet

Paper is always stored better vertically than horizontally, so invest in a filing cabinet or box to store your past semesters' work, certificates, and important documents. This way everything will be in one place, and anything that won't fit your binder, you will have access to at home.

4. Sticky Notes are a Student's Best Friend

Write everything down. Little notes to add to your existing notes, reminders for the next day, anything and everything can go on a sticky note. The beauty of this is that you can place a sticky note wherever you need to, so you never forget a thing.

5. Calendar/Agenda

Try to keep a calendar or agenda. This could be a leather-bound masterpiece from Chapters or simply your phone app. Just have somewhere you can write down due dates, appointments, meetings, and anything else you need to remember to go to, or hand in on time. Make sure that whatever method you pick, check it often and keep up with adding new important dates.

Sports Updates (cont.)

Senior Boys Volleyball

Sept. 20th vs Lasalle - Lost 1-3
 Oct. 2nd vs Horizon - Won 3-2
 Oct. 9th vs CND - Won 3-0
 Oct. 23rd vs Macdonald Cartier @ 6:30pm, Macdonald Cartier
 Oct. 24th vs St. Charles @ 6:30pm, St. Charles
 Oct. 30th vs St. Ben's @ 6:30pm, Lo-Ellen Park

Girls' Flag Football

Sept. 20th vs CND - Won 7-0
 Sept. 26th vs Lasalle - Won 15-6
 Oct. 4th vs Confed - Won 14-9
 Oct. 11th vs Marymount @ 8:30pm, James Jerome
 Oct. 16th vs St. Charles @ 5:30pm, James Jerome
 Oct. 17th vs Lockerby @ 9:00pm, James Jerome

Varsity Boys' Football

Sept. 14th vs St. Charles - Won 38-7
 Sept. 21st vs St Ben's - Lost 1-24
 Sept. 28th vs CND - Won 60-0
 Oct. 4th vs Confed - Won 21-14
 Oct. 12th vs Lively - Lost 7-9

6. Now Rather than Later

Assignments and projects can be a pain, and a bore; don't let those factors justify procrastination. Finish daily homework as soon as you get home, to avoid staying up until 2 am. Start projects the day you get them, even if the due date seems a far way off; that date is bound to sneak up on you, so give yourself the edge and start working now.

7. Create a Project Supply Stash

Let's face it, as hard as we try for now, rather than later, sometimes we are all guilty of the night before project masterpiece. Unfortunately, when using this method to complete your projects, you are often not prepared. Avoid late night catastrophes by keeping a project supply stash at home, including poster boards, spare pencils, scissors, printer paper and ink, and anything else you might need, so your project can pass for the "finished 3 days early" look instead of the "yeah, I know, I'll be more put together next time" look.

Well there you have it, your first Seven Tips of the year! I hope these tips have made it a little bit easier for you to take control and start organizing your life. Be sure to check out next month's edition for another Seven Tips for Life!

Smartphone Facts

By Jayde Hurley

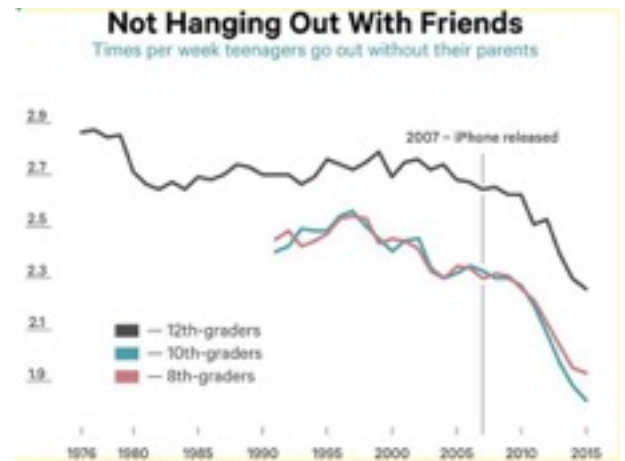
Now more than ever, people are less likely to face dangerous situations, teen pregnancy, or any awkward social scenario at all. Since the release of the iPhone, they have massively dropped, and this is especially evident in teenagers.

iPhone in 2007, rates of socialization

There are a number of reasons why phones may be causing this lack of socialization - for one, people are more comfortable spending time on their phone than with each other. Some recent research suggests that more young adults now wake up with their phones beside them rather than another person. Another reason younger people may be less inclined to go out is their parents' ability to keep consistent tabs on their kids, which truly isn't healthy.

Here are a few of the facts:

- As of 2015, 12th graders are going out less than eighth graders from 2009
- In previous generations 85% of high school students went on at least one date a year, now only 56% of high school students go on dates
- Teen pregnancy rate is down 61% since 1991
- From 2012-2015 boys' rate of depression went up 21%, while girls' increased 50%



- 57% of teens are 'sleep deprived'; the lack of sleep itself may be a massive contributor to the extreme emotional impact of smartphones
- Phone addictions contribute to rising obesity statistics

We can see strong evidence of this very clearly through the graphic above.

Visit <https://www.theatlantic.com/magazine/archive/2017/09/has-the-smartphone-destroyed-a-generation/534198/> to learn more.

Puzzles

Lexi High

Halloween Word Search - solutions on next page (10)

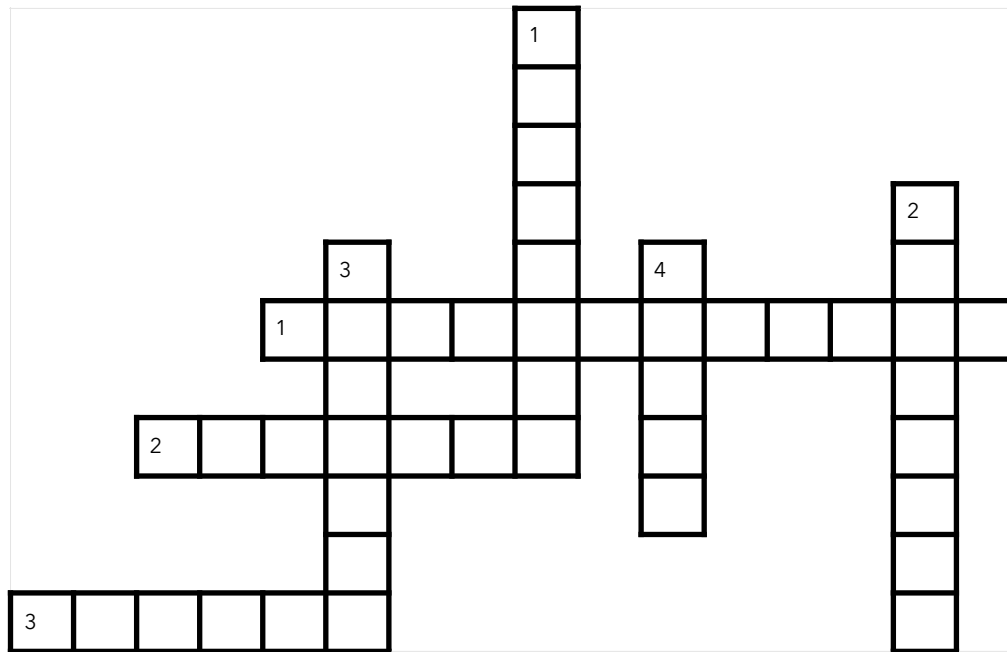
N L J C Y R A C S Y T M X Q
 V R R O T M L N K R T G Y R
 D Y E S V Z L O E I B M O Z
 B W Y T F L O W E R E W S P
 E Q J U N P M F G C W K Y R
 P R T M S A U O A H E Q K J
 U R I E L L L N N L O C D T
 M R N P L P D O E S I S Y R
 P V S M M Y N T K R T M T D
 K D O G D A O R T C M E B L
 I O G P N N V E Q U A B R Z
 N W D Q R A W A M L G J D T
 M K B T R W F T V G B T N D

Sudoku - solutions on next page (10)

2	6	1					9	
	4							
	8	5		2	1			
7	2	6	1				5	
5			2		4			9
	1				6	2	3	7
			4	6		9	2	
							7	
	9					5	4	1

- | | | |
|----------|----------------|-----------|
| Spooky | Scary | Pumpkin |
| Werewolf | Vampire | Mummy |
| Zombie | Ghost | Monster |
| Skeleton | Candy | Fangs |
| Trick | Treat | Full Moon |
| Costume | Jack O Lantern | |

Halloween Crossword - solutions at bottom of page (ro)



Across

- 1. Something you carve
- 2. Something orange
- 3. A creature of the undead

Down

- 1. When wolves howl
- 2. The wolf's cousin
- 3. A blood sucker
- 4. What do you get when you say trick or treat?

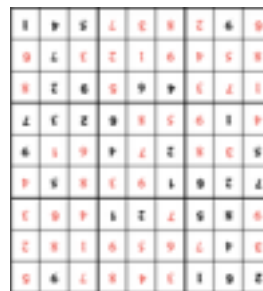
Our Team

Special thanks to your LEP Press team:

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Amanda Symington, Cecilia Anderson, Eli Paibomsai, Ella Cocco, Emily Cooke, Evie Tomlin, Gray Brogden, Jayde Hurley, Jin Armstrong, Lauren Thomas, Lexi High, Tyler Smith



Sudoku solutions



Word search solutions

Crossword Answers: Across - 1. Jack O Lantern, 2. Pumpkin, 3. Zombie;
 Down - 1. Full Moon, 2. Werewolf, 3. Vampire, 4. Candy